



PROGRAM CLASSES

We build strong kids, families, and communities

Peabody/Lynnfield YMCA
259 Lynnfield St.
Peabody MA 01960
978-977-9622
Peabodyymca.org

Session V

6 Class Session

May 11th– June 20th

Registration opens the week of April 27th

Online Registration is now available!
Please see front desk for more details!



End dates may change due to holidays and school vacation as classes may not be held.

Classes run once a week Monday through Saturday. Each class will be taught by a YMCA associate.



Pre-School/Youth Programs



Kinder Cooking

(Ages 4-6)

Tuesday's
3:30-4:30p

Fee: Member \$65.00

Community: \$110.00 (6 classes)

Are your kids interesting in cooking? Send them to this class where they will learn instruction in the culinary arts with projects prepared each week of main dishes and desserts. All supplies are included. Class length is one hour.

Soccer For Kids

(Ages 6-10)

Monday's
3:30-4:30 pm

Fee: Member \$55.00

Community: \$100.00 (6 classes)

This class is for the child who would like their first taste when it comes to soccer. This class teaches children the basic skills of kicking, dribbling, passing, shooting, team work, and character. Class length is one hour.

*****Class will be held outside at our playfield. Sneakers are required.**

Kinder Sports

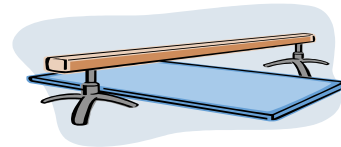
(Ages 3-5)

Saturday's
11:00-11:45am

Fee: Member \$55.00

Community: \$100.00 (6 classes)

This class is for the child who would like their first taste of a variety of fun sports. This class teaches children the basic skills of kicking, dribbling, passing, shooting, catching and hitting. Class length is 45 minutes.



Tiny Tumblers

(Ages 3-5)

Tuesday's
1:00-1:45pm

Fee: Member \$55.00

Community: \$100.00 (6 classes)

This is an introductory gymnastics class that will focus on balance, coordination, motor skills, and course fun! Children will be exposed to tumbling, balance beam, vault, and mats. It also promotes self-confidence and independence. Class length is 45 minutes.

Pre-School/Youth Programs

Summer Crafts

(Ages 6-12)

Fee: Member \$65.00
Community: \$110.00 (6 classes)

Monday's
3:30-4:30pm

Enjoy doing art projects according to the season? Come join the YMCA staff as you make projects with a spring season theme! All materials are included. Class length is one hour.



Parent/Child T-Ball

(Ages 4-6 years)

Fee: Member \$55.00
Community \$100.00 (6 classes)

Saturday's
10:00am-10:45am



Children, along with their parents, will learn the skills of throwing a ball, catching a ball, running the bases, proper batting techniques and the basics of the game through repeated drills. These fundamental skills are the first steps needed in the development of baseball. Class length in 45 minutes.



Kinder 5&6 Years
Juniors 7-9/10 Years
Seniors 10/11-13 Years

Summer Basketball League

Thursday Night's between
3:00 - 8:00p.m.

Fee: Members \$90.00
Community: \$125.00

Program starts June 25th and goes through August 13th 2009. Four team practices followed by 4 weeks of games starting July 23rd. The Peabody/Lynnfield YMCA Youth Basketball league is a Thursday program with clinic/practices introducing the program followed by a series of organized games involving teams from the Peabody/Lynnfield YMCA. Each child will receive a team jersey and participate in the end of the season award ceremony. Volunteer Coaches are needed. For more information pick a form up at the front desk or online at Peabodyymca.org

Volleyball

Ages (7-12)

Fee: Member \$55.00
Community: \$100.00 (6 classes)

Tuesday's

3:30 : 4:30pm



This is an introductory volleyball class that will focus on shooting, team work, basic rules of the sport, coordination, motor skills, and of course fun! Children will be exposed to serving, positioning, and rules of the game. Parents are welcome to join the class as well. Class length is one hour.

Youth/Adult Programs



Basketball Clinic

(Ages 7-13)

Wednesday's

(6 classes)

3:30-4:30pm

Fee: Member \$55.00

Community \$100.00

Brush up on those basketball skills before the start of the new basketball league season. Instruction in skills and fundamentals of the game. Class length is one hour.

Cooking for Kids

(Ages 7-13) (6 Classes)

Wednesday's
3:30-4:30p



Fee: Member \$65.00

Community: \$110.00

Are your kids interesting in cooking? Send them to this class where they will learn instruction in the culinary arts with projects prepared each week of main dishes and desserts. All supplies are included. Class length is one hour.



Jiu-Jitsu 101

(Ages 12 & up)

Fee: Member \$60.00

Community \$105.00 (6 classes)

Thursday's
6:30-7:30pm

The 2500+ year old Art of Jujitsu. The secondary defense when the Samurai was separated from his sword. Instruction by Small Circle Jujitsu Black Belt Joe Fiandaca. Students will learn escapes from various positions, take downs with throws and sweeps, and striking applications. In addition joint locks and choking/strangulation techniques will be demonstrated along with various weapons disarms. Class length is one hour.

Refund and Credit Policy

- Membership Dues and Program Fees are not refundable.
- Refunds are not given unless the YMCA cancels the program.
- Credit will be given if you present a Doctors note, when 50% of class is missed.
- You must register in person to redeem YMCA credit.

No make-up for classes due to illness.

- For snow days or extreme weather cancellations, call the Y. Make-up information will be posted before end of session.
- YMCA is not responsible for printer's errors in Program guide.
- The Y reserves the right to change program schedule.
- \$20.00 charge for checks not honored by your bank.
- \$5.00 processing fee to change your class time, this must be done in person.
- Before session begins, an individual may cancel their class and request credit. A credit will be issued less \$5.00 non-refundable service charge.
- After first class, an individual may cancel their class, HOWEVER, they will be issued a prorated credit (the class fee based on amount paid), less \$5.00 non-refundable service charge.